



American Heritage School News

November 2005

Message From the Director

Learning is primarily a spiritual matter. It is an exercise of faith: faith in the teacher, faith in the object of the lesson, and faith that the lesson learned will have power to improve the life of the learner.

In the winter of 1834-35, the Prophet Joseph Smith taught these principles to a class of elders in Kirtland, Ohio:

“Were this class to go back and reflect upon the history of their lives, from the period of their first recollection, and ask themselves what principle excited them to action, or what gave them energy and activity in all their lawful avocations, callings, and pursuits, what would be the answer? Would it not be that it was the assurance, which they had of the existence of things, which they had not seen as yet? Was it not the hope, which you had, in consequence of your belief in the existence of unseen things, which stimulated you to action and exertion in order to obtain them? Are you not dependent on your faith, or belief, for the acquisition of all knowledge, wisdom, and intelligence? Would you exert yourselves to obtain wisdom and intelligence, unless you did believe that you could obtain them?”ⁱ

In answering these questions, the Prophet lifted the view of his students: “Faith, then, is the first great governing principle which has power, dominion, and authority over all things; by it they exist, by it they are upheld, by it they are changed...[and] God is the only supreme governor and independent being in whom all fullness and perfection dwell; who is omnipotent, omnipresent, and omniscient; without beginning of days or end of life; and in

him every good gift and every good principle of faith dwells independently, and he is the object in whom the faith of all rational and accountable beings center for life and salvation.”ⁱⁱ

This edition of the American Heritage School newsletter is a tribute to the power of American Heritage School’s unique, Christ-centered, principle approach to teaching and learning. It is a tribute to students and their families who have internalized these two basic truths: (1) that learning is primarily a spiritual matter, and (2) that the Restored Gospel of Jesus Christ contains the eternal keys to unlocking—in any subject—the power of “intelligence that bursts upon [our] understanding.”ⁱⁱⁱ

In this spirit, we have included a new section of the School newsletter for student submissions, which is intended to provide all patrons and faculty with a periodic sampling of excellent student-produced work.

We know that we will never be able to publish all of the outstanding and inspiring work that our students and their families produce, but we can publish some, and we hope that the work we do publish is received by the school community as a “celebration of learning” in the spirit of D&C 50:21-22: “...that he that receiveth the word by the Spirit of truth receiveth it as it is [given] by the Spirit of truth...wherefore he that [giveth] and he that receiveth, understand one another, and both are edified and rejoice together.” We hope you enjoy it!

Sincerely,
Grant Beckwith

ⁱ Lectures on Faith, Lecture 1:11.

ⁱⁱ *Id.* at Lectures 1:24, and 2:2.

ⁱⁱⁱ *Id.* at Lecture 2:18.

Student Submissions

In the Shadow of the Temple By Caitlin Boyce

The sun slowly sets behind the temple. It gently drops its shadow onto a building across the street. That building is my school, American Heritage, and it will continue to be so no matter where my education takes me.



Why is it that this school building is so extraordinary, more so than any other? It could be because we see the sacrifice made to build the facility. Maybe it is because of the activities that go on inside that school. Students become scholars within those walls. The eyes of scholars are opened up to the reality of God. There is love. There is learning. There is prayer. There is truth. There is a Spirit of the Lord that abides within that building. That Spirit could not abide in the school if it did not first abide within the hearts of those who attend the school, such as the administration, parents, and scholars.

As the world is ripening for destruction, and as we prepare ourselves for the Second Coming of the Lord, we need people committed enough to God to stand up for Him. At American Heritage, the minds, hearts and bodies of children are developed to serve God in building his Kingdom on the earth. This is truly necessary to withstand the evils of today's world and battle the adversary despite his "hail and mighty storms" (Helaman 5:12).

We continue to learn and grow and be of good cheer at American Heritage. We continue to love and learn and serve. We continue to walk in the ways of the Lord at our school. We go about our lives in the light of truth and in the shadow of the Temple.

On Moral Lessons Learned from Homer's Odyssey By Daniel Carpenter

If we have a righteous cause, God will protect us. Odysseus had a wonderful cause and that was to get home to his family. Even though he had many trials, he got home safely. Moses 7:61 says, "...and great tribulations shall be among the children of men, but my people will I preserve." This scripture is very meaningful to me. We will have tribulations, but if we are righteous, we will be preserved. It comforts me to know that if I stay righteous, even through times of trials, I will be protected. When Odysseus had to get past Scylla and Charybdis, he was protected. He did make a sacrifice of six men, but he saved himself and everyone else.

We can learn great lessons if we read and study good pieces of literature. I know this to be true. We can find things that apply directly to our day. I am positive that these lessons - obedience, service, courage, righteousness, and our eternal goal of getting home - will help me in my daily life. May we all learn from great literature.

On Moral Lessons Learned from Homer's Odyssey By Mitchell Washburn

There are times in our life that we may face some large challenges. We can overcome them if we can just put our faith in Christ. We can overcome everything. Our goliath will probably not be a Cyclops. Bullies could be our goliaths. Getting good grades could be our goliath. We need to be more persistent in order to overcome. Usually it won't be easy, but when we fail - try again.

The final lesson I learned [from Homer's Odyssey] was to avoid evil. While Odysseus was going through the narrow strait, he tried to avoid Charybdis. Instead of all of his crew dying, only six men were lost. If Odysseus had gone through Charybdis, all of his men would have been lost. We need to avoid temptation.

"All that is necessary for evil to triumph is for good men to do nothing." Odysseus was a good captain and leader. We could be more like him today. The best way to resist temptation is to avoid it.

On Moral Lessons Learned from
Homer's Odyssey
By Catherine Bowen

One of the most important lessons in [Homer's Odyssey] is returning home. Odysseus always kept going. He needed to get home. He wanted to get home. Throughout the entire book, no matter what happened, he kept on going until he reached his goal. This shows great endurance, steadfastness, and love for his home. I want to get home too. I want to return to my Heavenly Father and Jesus in the Celestial Kingdom. It will take a great effort to do that, but I have to, because I love my home and family. I want to return home as Odysseus wanted to return home.

It was so important that Odysseus and his men stayed focus and kept going. When they came to where Scylla and Charybdis were, they became scared and lost their focus. If they had dropped the oars for any longer, they would have been lost. I cannot lose my focus on my goal or I will be lost. I have friends to help me keep my focus. I also have the Book of Mormon. These will help me keep my focus. These will give me courage. I cannot let anything, even fear, stop me from going home."

On the Christian Principle of
American Political Union
By Miranda Hall

We can only have unity through love. By loving others and loving my family, I can create unity in my home and community. But we cannot love others without the Spirit and Word of God, so we cannot have unity without the Word of God.

I will read Gods Word so I can learn of His love for us. I will also pray for His Spirit so I will be able to love and serve others, and create unity. If we have unity we will have peace.

On the Christian Principle of
American Political Union
By Aja Tolman

Where there is unity, there is strength. There can be union without God, but there cannot be unity without God. With unity, there is freedom.

How will I apply these truths in my life? I will try not to get as mad at my sister and help with family home evening so I can help unite my family, because family is the base of our nation.

On the Christian Principle of
American Political Union
By Melia Coleman

America is unified because we care about and serve each other. We care about and serve each other because we are a Christian Nation. If we are internally unified, we will be externally unified.

I will strive to help make my home a unified place so that we can help unify the community. I will do this by reading my scriptures and praying so that I can learn to be more Christ like.

Parents Organization

Dear Parents,

I want to thank the many people who worked so hard to make our Fall Festival a wonderful event. We could not have done it without the commitment and abilities of so many talented parents. A special thank you needs to go to Linda Bowen, our Fall Festival Team Leader. She did an exceptional job! A BIG thank you to all our families for the very generous donations you provided for the auction. Thank you to those who organized and ran the auction, the food, the tickets, the kid's store, bake sale, music, dancing, children's craft & decorations. Thank you to those who cooked roasts, chopped onions, served dinner, baked goodies, made ice cream, cotton candy and painted faces. Thank you to those who came the night before to set up and those who stayed very late to clean up. And thank you to the many people who gave up part or all of their night to run the different stations and activities. Because of the help and talents of so many, our Fall Festival Fundraiser was successful in every way!



What a great blessing it is to be involved at a school where so many parents are willing to give of their time and talents so generously. Thank you for all you do!

Sincerely,

Dana Lyman
Parent Organization President

Custodial Appreciation Week

Custodial Appreciation Week is November 14th-18th. Please say thank you to those who work diligently to keep our school clean and beautiful.



In connection with Custodial Appreciation Week, we will be emphasizing to students

and parent volunteers that the primary responsibility for keeping the building neat and clean rests with the students. In the lunchroom, for example, we will be instituting a few changes to reinforce the concept that students are responsible to clean up after themselves.

Positions Available

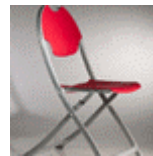
Custodial Positions Available

Part time custodial positions are available at the school! A tuition scholarship as well as an hourly rate is offered as compensation. For those who are interested, please contact Leslie Clark at the front office for application and to set up and interview.

Teacher Positions Available

We are seeking a full-time teacher for the new Eighth Grade Class Beginning August 1, 2006. We are also seeking a full-time teacher for First Grade beginning August 1, 2006

Chairs For Sale



The School is selling used maroon and white MityLite folding chairs for \$17.00 each. They are lightweight, store easily, and are great for family gatherings. If interested please contact Blaine Hunsaker at the school (801) 642-0055 ext 306

Calendar at a Glance

Nov. 8-10	Book Fair
Nov. 9	Professor Ron Harris (Earthquake Preparedness public lecture)
Nov. 9-10	Parent Teacher Conferences 4-8 pm.
Nov. 11	Family Lecture Series Lundbergs
Nov. 14-18	Custodial Appreciation
Nov. 17-18	2 nd Grade Devotional
Nov. 21-25	No School Thanksgiving Week
Nov. 28	School Resumes
Dec. 1-2	Kindergarten Devotional
Dec. 9	No School Teacher in-service

Asbestos Notice

Dear Parents, Teachers, and Staff:

This information is being published to comply with the requirements of 40 CFR 763 Subpart E “asbestos-containing materials (ACM) in schools”. This regulation, commonly known as “AHERA”, requires schools to perform certain tasks in regards to the presence and control of asbestos-containing materials in the buildings under the jurisdiction of the school. It should be mentioned that No ACM has been identified at American Heritage School.

As mandated by federal regulation, the school must notify parents, guardians, and students in writing about the existence and location of AHERA School Management Plans, for individual school buildings, regardless of the existence of ACM at the school. The Management Plan is available for review during regular working hours at the school office. A copy of the Management Plan will be made, on request, for a nominal fee to cover the cost of copying and handling.

For more details regarding the Management Plan please feel free to contact David Roskelley (ASB #1370) at (801) 352-2380.



Teddy Bears for Christmas


Each December, American Heritage School holds its annual Teddy Bears for Christmas Service Project. To prepare for this event we ask that the students who are able to bring a new teddy bear of an average size to put under the school Christmas tree. The school will deliver the bears to a Medical Facility for the homeless in the Ogden area. The facility

depends on the bears that we collect.

This is one of the most memorable activities that we do here at the School. Please feel free to join us on December 16th at 10:00 for a devotional presented by Mrs. Updike followed by a long hugging line and a send-off of each bear as they are gathered for the shelter.

This is a great photo opportunity— so don't forget to bring a camera. Thank you for your generosity! Please bring your bears on or after November 28th, 2005.



AMERICAN  HERITAGE

SCHOOL & FAMILY EDUCATION CENTER

FAMILY LECTURE SERIES

WITH



GARY AND JOY LUNDBERG

"THE SECRET TO HAPPY KIDS AND A HAPPY HOME"

Gary Lundberg is a licensed marriage and family therapist and a clinical member of the American Association for Marriage and Family Therapy. He was a fighter pilot for the US Air Force for seven years. Gary enjoys singing and is the soloist on the album *Heart to Heart*. Joy Lundberg is a writer and lyricist and has written nearly 200 songs with composer Janice Kapp Perry, including the popular *I Walk By Faith* album of songs for youth. She recently served seven years as a scriptwriter for the Tabernacle Choir broadcast Music and the Spoken Word. Gary and Joy are the authors of the nationally published books: *I Don't Have to Make Everything All Better*, and *Married for Better, Not Worse*. They are also the authors of the pocket-size guidebook for youth, parents and leaders called *On Guard! Seven Safeguards to Protect Your Sexual Purity*.

The Lundbergs present numerous firesides and seminars throughout the U.S. and internationally, and also teach at BYU Campus Education Week. They are currently serving a part-time Church Service Mission at the BYU World Family Policy Center. Gary and Joy are the parents of five children and 13 grandchildren.

Date:	Friday, November 11, 2005
Time:	7:30 pm-9:00 pm <i>please be seated by 7:25 pm</i>
Place:	American Heritage School 736 N. 1100 E. American Fork <i>directly east of Mt. Timpanogos Temple</i>
Who:	All are welcome - ages 14 and up
Cost:	Free
Info:	mpatch@ahsmaail.com or 642-0055

The Family Lecture Series is offered the second Friday of each month during the school year and is free and open to the public. Our next lecture is Friday January 13, 2006

November

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2	3	4 Picture Re-takes 8:40 Fifth Grade Field Trip SLC Temple Square, Church Museum	5
6	7	8 Book Fair 12-3	9 Parent Teacher Conference 4-8 p.m. Book Fair 8-8 Teacher Dinner 3:00 p.m.	10 Parent Teacher Conference 4-8 p.m. Book Fair 8-8 Teacher Dinner 3:00 p.m.	11  Teacher In-service- No School Family Lecture Series 7:30 p.m.	12
13	14 Custodial Appreciation Week	15 Custodial Appreciation Week	16 Second Grade Devotional Dress Rehearsal 8:40 a.m. Custodial Appreciation Week	17 Second Grade Devotional 2:00 p.m. Custodial Appreciation Week.	18 Second Grade Devotional 8:40 a.m. Custodial Appreciation Week	19
20	21 Thanksgiving Week—No School	22	23	24  Thanksgiving	25	26
27	28 School Resumes 8:30 a.m.	29	30			

Hot Lunch Sign-ups for December

Please return with check (NO CASH) no later than Wednesday, November 16th, 2005.

Make check payable to DRY CREEK FOOD; please do not combine with payments for pizza (see below).



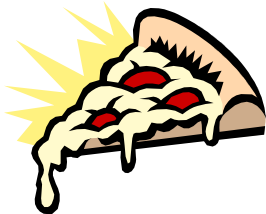
I wish to purchase Wednesday lunch as indicated below for my child/children. Lunch for the two Wednesdays in December starting on December 7th, and 14th will be \$4.00 per child (\$2.00 for each day).

Name _____ Grade _____ Teacher _____

Name _____ Grade _____ Teacher _____

Name _____ Grade _____ Teacher _____

Name _____ Grade _____ Teacher _____



Pizza Monday Sign-ups for December

Please return with check (NO CASH) no later than Wednesday, November 16th, 2005.

Make check payable to American Heritage School; please do not combine with payments for hot lunch.



I wish to purchase Monday lunch as indicated below for my child/children. Pizza for the two Mondays in December, starting December 5th, and 12th will be \$1.00 per slice. (Christmas Holiday starts December 19th through January 1st) Please indicate # of slices next to choice of pizza.

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____

Name _____ Grade _____ Teacher _____

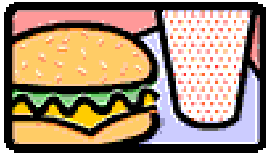
Pepperoni _____ Canadian Bacon _____ Cheese _____

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____



Hot Lunch Sign-ups for January

Please return with check (NO CASH) no later than Wednesday, November 16th, 2005.

Make check payable to DRY CREEK FOOD; please do not combine with payments for pizza (see below).



I wish to purchase Wednesday lunch as indicated below for my child/children.

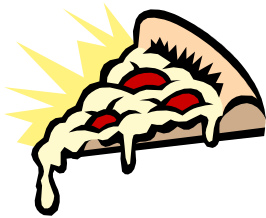
Lunch for the four Wednesdays in January starting on January 4th, 11th, 18th and 25th will be \$8.00 per child (\$2.00 for each day).

Name _____ Grade _____ Teacher _____

Name _____ Grade _____ Teacher _____

Name _____ Grade _____ Teacher _____

Name _____ Grade _____ Teacher _____



Pizza Monday Sign-ups for January

Please return with check (NO CASH) no later than Wednesday, November 16th, 2005.

Make check payable to American Heritage School; please do not combine with payments for hot lunch.



I wish to purchase Monday lunch as indicated below for my child/children. Pizza

for the four Mondays in January, starting January 2nd, 9th, 23rd and 30th will be \$1.00 per slice. (Civil Rights Day is January 16th) Please indicate # of slices next to choice of pizza.

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____

Name _____ Grade _____ Teacher _____

Pepperoni _____ Canadian Bacon _____ Cheese _____